

# myCare Navigator<sup>SM</sup>

HELP FINDING A HEALTH CARE PROVIDER IS JUST A PHONE CALL AWAY



## CALL 1-888-BLUE-428 TO:



### TRANSFER MEDICAL RECORDS

myCare Navigator can help you by requesting that your medical records (including lab results and imaging) be transferred or shared among new or existing providers.



### LOCATE PROVIDERS

Whether you need a primary care physician or specialized care, myCare Navigator helps you find a network doctor who meets your needs.



### MAKE APPOINTMENTS

myCare Navigator helps you get an appointment promptly – even with hard-to-reach specialists.



### MAKE INFORMED CARE DECISIONS

myCare Navigator can direct you to information and resources to make informed, appropriate care decisions.



### LOCATE HELPFUL SERVICES

myCare Navigator helps you find resources and services to provide support for elderly parents or children with special needs.



### MANAGE CARE COSTS

Whether it's help with a care claim or assistance with provider billing issues, myCare Navigator helps you understand and manage care costs.

## YOUR DEDICATED HEALTH ADVOCATE

Call myCare Navigator for answers to your questions and help with these and other care issues. This helpful service is available to you and to your spouse, domestic partner, parents, parents-in-law and dependent children free of charge and free of hassles!



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